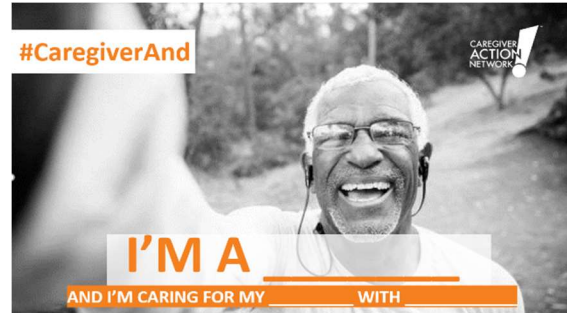




## Show your Support for Family Caregivers During National Family Caregivers Month!

November is **National Family Caregivers Month!** We've created this **Social Media Kit** that you can use to make celebrating caregivers via your social media accounts easy. This kit includes everything you need: core messaging, images, and handles for National Family Caregivers Month, and commonly used hashtags. Please contact [us](#) with any questions you might have. You can help by showing your support for **#CaregiverAnd** and encourage caregivers to celebrate the passions and interests that enrich their life.



### #CaregiverAnd Graphics Specific for Your Audience

Download #CaregiverAnd graphics that highlight different diseases, conditions, and caregiving scenarios, that best suit your audience, using this link: <https://www.flickr.com/photos/caregiverand/albums>

#### Facebook/LinkedIn/Instagram Posts

#CaregiverAnd encourages family caregivers to celebrate the passions and interests that enrich their lives. That's our focus this #NationalFamilyCaregiversMonth, a time to recognize and honor family caregivers across the country. Learn how you can participate by visiting [CaregiverAction.org/CaregiverAnd](http://CaregiverAction.org/CaregiverAnd).

#CaregiverAnd is all about remembering the passions and identities that make you who you are. This #NationalFamilyCaregiversMonth (and every day), as family caregivers, it's important to remember this. Learn more & get involved: [CaregiverAction.org/CaregiverAnd](http://CaregiverAction.org/CaregiverAnd)

#CaregiverAnd knows that being a family caregiver is important, but so are the other passions that make up your life. That's what we are celebrating this #NationalFamilyCaregiversMonth. Learn more & get involved: [CaregiverAction.org/CaregiverAnd](http://CaregiverAction.org/CaregiverAnd). Share your #CaregiverAnd selfie today!

#CaregiverAnd celebrates the passions and identities that enrich your life—beyond being a caregiver. Learn more & get involved: [CaregiverAction.org/CaregiverAnd](http://CaregiverAction.org/CaregiverAnd). Share your #CaregiverAnd selfie today!  
#NationalFamilyCaregiversMonth

#CaregiverAnd encourages you to celebrate the passions and identities that help make you who you are—outside of caregiving. #NationalFamilyCaregiversMonth honors all of you dedicated to providing care for your loved ones. Visit [CaregiverAction.org/CaregiverAnd](http://CaregiverAction.org/CaregiverAnd) to learn more.

### Twitter Posts

#CaregiverAnd encourages #caregivers to celebrate the passions & interests that enrich their lives. That's the focus for #NFCMonth, a time to recognize & honor family caregivers. Learn how you can participate by visiting @CaregiverActionNetwork: [CaregiverAction.org/CaregiverAnd](https://www.caregiveraction.org/CaregiverAnd).

#CaregiverAnd is about remembering the passions & identities that make you who you are. This #NationalFamilyCaregiversMonth, as family caregivers, it's important to remember this. Learn more & get involved: [CaregiverAction.org/CaregiverAnd](https://www.caregiveraction.org/CaregiverAnd)

#CaregiverAnd knows being a family caregiver is important, but so are the other passions that make up your life. That's what we're celebrating this #NationalFamilyCaregiversMonth. Learn more & get involved: [CaregiverAction.org/CaregiverAnd](https://www.caregiveraction.org/CaregiverAnd). Share your #CaregiverAnd selfie today!





#CaregiverAnd celebrates the passions & identities that enrich your life—beyond being a caregiver. Learn more & get involved: [CaregiverAction.org/CaregiverAnd](https://www.caregiveraction.org/CaregiverAnd). Share your #CaregiverAnd selfie today!  
#NationalFamilyCaregiversMonth

Caring for a loved one is a big part of your life, but not the only part. What are your hobbies and interests? #CaregiverAnd is about remembering what makes you who you are. For 2021 #NationalFamilyCaregiversMonth, visit [CaregiverAction.org/CaregiverAnd](https://www.caregiveraction.org/CaregiverAnd) to learn more.

### Suggested Hashtags

#CaregiverAnd	#NFCMonth	#NationalFamilyCaregiversMonth
#Caregiver	#Caregiving	#FamilyCaregiving

### Follow and Tag CAN on Social Media!

			
@CaregiverActionNetwork	@CaregiverAction	@caregiver-action-network	@Caregiveraction