

Show your Support for Family Caregivers During National Family Caregivers Month!

November is **National Family Caregivers Month!** We've created this **Social Media Kit** that you can use to make celebrating caregivers via your social media accounts easy.

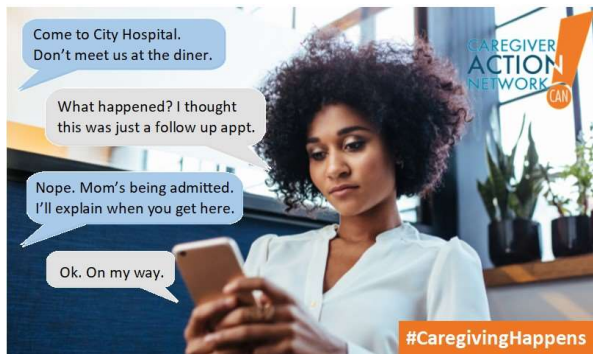
This kit includes everything you need:

- core messaging
- images
- handles for National Family Caregivers Month
- commonly used hashtags

Please contact [us](#) with any questions you might have. You can help by showing your support for **#CaregivingHappens**.



The idea behind the campaign is to reflect a caregiver's reality that often caregiving just happens. Caregiving happens when we are at work or out of town. Caregiving happens when we are trying to get out the door to go to the grocery store and it happens when we least expect it.



Suggested Hashtags

#CaregivingHappens	#NFCMonth	#NationalFamilyCaregiversMonth
#Caregiver	#Caregiving	#FamilyCaregiving



Facebook/LinkedIn Posts

Sometimes #CaregivingHappens when you're _____. Go to www.caregiveraction.org/caregivinghappens to learn more. #NationalFamilyCaregiversMonth.

Sometimes #CaregivingHappens when you don't expect it. Visit www.caregiveraction.org/caregivinghappens for more information. #NFCMonth

As a caregiver, you need to remember to take care of yourself. Visit [Stay Strong While Caregiving | Caregiver Action Network](#) for more info. #CaregivingHappens #NFCMonth

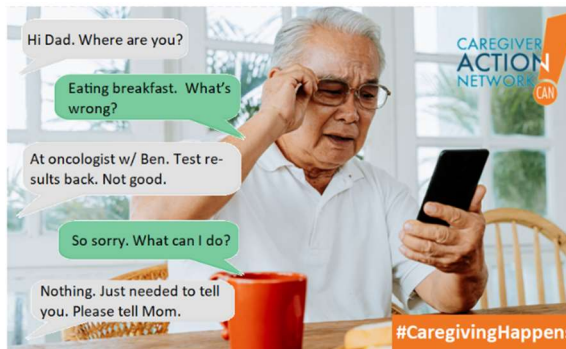
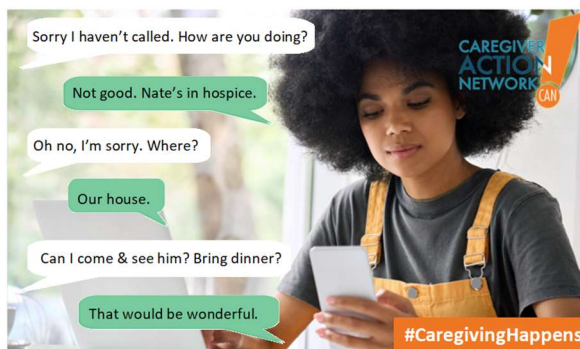
Sometimes #CaregivingHappens when it isn't very convenient. Go to www.caregiveraction.org/caregivinghappens for more. #NFCMonth

When #CaregivingHappens, talking to a support group might help. Visit [Finding the Right Caregiver Support Group \(caregiveraction.org\)](#) for more. #NFCMonth

Sometimes #CaregivingHappens & keeps you from other things. Go to www.caregiveraction.org/caregivinghappens for more. #NFCMonth

Como cuidador, debe recorder cuidarse a sí mismo. Visite [Stay Strong While Caregiving | Caregiving Action Network](#) para obtener más información. #NFCMonth

A veces #CaregivingHappens y te aleja de otras cosas. Visite www.caregiveraction.org/caregivinghappens para obtener más información. #NFCMonth



Twitter Posts

#CaregivingHappens when have other things to do. Go to www.caregiveraction.org/caregivinghappens for more. #NFCMonth

#CaregivingHappens for lots of different reasons. Go to www.caregiveraction.org/caregivinghappens for more info. #NFCMonth

When #CaregivingHappens, it might help to talk to someone. Visit [Caregiver Help Desk | Caregiver Action Network](#) for more. #NFCMonth





Sometimes when #CaregivingHappens it isn't convenient. Go to www.caregiveraction.org/caregivinghappens for more. #NFCMonth

Sometimes #CaregivingHappens unexpectedly. Visit www.caregiveraction.org/caregivinghappens for more info. #NFCMonth

Como cuidador, debe recordar cuidarse a sí mismo. Visite [Stay Strong While Caregiving | Caregiving Action Network](http://www.caregiveraction.org/caregivinghappens) para obtener más información. #NFCMonth

#CaregivingHappens por muchas razones diferentes. Visite www.caregiveraction.org/caregivinghappens para obtener más información. #NFCMonth

Follow and Tag CAN on Social Media!

			
@CaregiverActionNetwork	@CaregiverAction	@caregiver-action-network	@Caregiveraction

