## Talking to **Providers &** Hospitals



TIC

- Introduce yourself and your role in your loved one's care
- Ask if there is a HIPAA Authorization Form on file with your name on it
- Be clear: "I'm not asking for anything they haven't agreed to share."
- If denied, ask: "Is there a form I need to complete or a way to document my role?"

## **Tips to Make Things Easier**



Use a shared portal: Many patient portals allow caregivers to access records with permission



Document everything: Keep copies of forms and notes from conversations



Stay calm and respectful when dealing with HIPAA misunderstandings-many providers err on the side of caution



www.caregiveraction.org/hipaa-and-schizophrenia